

Infinity Dance Company COVID-19 Guidelines

Student Expectations:

- Students must maintain 6 feet apart from one another before, during and after classes. Exceptions to this may be for choreography or improv purposes and directed by the instructor only.
- Students must wash their hands or use hand sanitizer before taking class.
- Students should avoid touching their eyes, nose and mouth.
- Students should cover their coughs or sneezes with a tissue and then wash or sanitize their hands.
- Cloth face coverings may be worn at the discretion of the student and their parent or guardian during class. Face coverings are recommended by Washington State, but are not required during physical activity. Students may choose to consult their doctor for advice on the use of a face mask during physical activity if they choose to wear one. Face coverings are required per the governor while NOT in class. Students with a medical condition or any other exemption are not required to wear a face covering while in the studio when not in class.
- A waiver must be signed by the parent or guardian in recognition of the new COVID-19 guidelines before participation is permitted.

Parent Expectations:

- Parents must take their child's temperature prior to coming to the studio. If their child has a temperature of 100.4°F or higher the parent must not bring them to class.
- Parent's must do the following health check on their children and be able to answer the following questions "no" prior to coming to the studio:
 - Does your child/youth have any of the following symptoms or has your child had any of these symptoms in the past 48 hours: A cough, Shortness of breath or difficulty breathing, A fever of 100.4°F or higher or a sense of having a fever, A sore throat, Chills, New loss of taste or smell, Muscle or body aches, Nausea/vomiting/diarrhea, Congestion/running nose – not related to seasonal allergies, Unusual fatigue • Has your child/youth been in close contact with anyone with suspected or confirmed COVID-19? Has your child/youth had any medication to reduce a fever before coming to class?
- Children who are high risk or who have high risk family members, should consult with their family physician prior to coming to the studio.
- Drop off and pick up must be prompt.
- Payments can be made online or by mailing a check. There will not be staff working in the office. If needed, students can bring payment to their instructor. Payments in this form need to be in an envelope marked with the student's name and amount enclosed.

COVID-19 Exposure Guidelines

- If a student or staff member develops signs of COVID-19, the person with symptoms should follow DOH guidance for what to do if you have symptoms for COVID-19 and have not been around anyone who has been diagnosed with COVID-19. Ask the employee or child's parent or caregiver to inform the program right away if the person is diagnosed with COVID-19.
- If a student or instructor develops signs of COVID-19 while in class, separate the person away from others, with supervision at a distance of 6 feet, until the sick person can leave. While waiting to leave the program, the individual with symptoms should wear a cloth face covering or mask if tolerated. Air out and then clean and disinfect the areas the person was in after they leave.
- A staff member or student who had signs of suspected or confirmed COVID-19 can return to the program when: At least 24 hours have passed since recovery – defined as no fever without the use of

medications and improvement in respiratory signs like cough and shortness of breath; AND At least 10 days have passed since signs first showed up – OR – It has been at least 24 hours since recovery AND a health care professional provides a note that the student does not have suspected or confirmed COVID-19 and may return to Infinity Dance Company.

- If a person believes they have had close contact to someone with COVID-19, but they are not sick, they should watch their health for signs of fever, cough, shortness of breath, and other COVID-19 symptoms during the 14 days after the last day they were in close contact with the sick person with COVID-19. They should not go to Infinity Dance Company for 14 days.

Instructor Expectations:

- Instructors must record their temperature upon arrival to any meetings, classes, rehearsals or the like.
- Instructors must do the following health check and be able to answer the following questions “no” prior to coming to any meetings, practices, trainings, games or the like. Answers must be recorded.
Does you have any of the following symptoms or have you had any of these symptoms in the past 48 hours: A cough, Shortness of breath or difficulty breathing, A fever of 100.4°F or higher or a sense of having a fever, A sore throat, Chills, New loss of taste or smell, Muscle or body aches, Nausea/vomiting/diarrhea, Congestion/running nose – not related to seasonal allergies, Unusual fatigue • Have you been in close contact with anyone with suspected or confirmed COVID-19? • Have you had any medication to reduce a fever?
- Instructors must report suspected illness of themselves or students to the Infinity Director immediately.
- Instructors who are high risk or who have high risk family members, should consult with their family physician prior to participating in any in person activity with Infinity.
- Be sure to maintain a 6 foot distance between everyone at all times.
- Be sure to enforce a 6 foot distance between students at all times except during choreography purposes or improv.
- Cloth face coverings may be worn at the discretion of the instructor during class. Face coverings are recommended by Washington State, but are not required during physical activity. Instructors may choose to consult their doctor for advice on the use of a face mask during physical activity if they choose to wear one. Face coverings are required per the governor while NOT in class. Instructors with a medical condition or any other exemption are not required to wear a face covering while in the studio when not in class.
- Attendance must be recorded at the start of every class, rehearsal or event. A record of all contact within 6 feet for an accumulation of more than 15 minutes must be recorded at the end of the day. These recordings must be submitted in the attendance record keeping system.
- Students should have their own equipment and not share. Equipment should be cleaned after each use.
- Studio windows and doors should remain open for maximum ventilation.

Sanitation Practices:

- Hand washing and hand sanitizing will be available to all instructors, students and parents.
- All surfaces and equipment will be cleaned according to the CDC cleaning and disinfecting guidelines.

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Infinity Dance Company, LLC has put in place preventative measures to reduce the spread of COVID-19; however, Infinity Dance Company, LLC cannot guarantee that you, your child(ren) or any other family member will not become infected with COVID-19. Further, attending Infinity Dance Company, LLC's events could increase your, your family's and your child(ren)'s risk of contracting COVID-19.

I agree to follow all of the above listed guidelines for the Infinity Dance Company, LLC Safe Start Plan.

Initial: _____

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and/or I may be exposed to or infected by COVID-19 by attending events, rehearsals, meetings, classes and the like and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 during activity with Infinity Dance Company, LLC may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Infinity Dance Company, LLC's Owners, Directors, Instructors, Volunteers, Students and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren), myself or my family (including, but not limited to, personal injury, disability, and/or death), illness, damage, loss, claim, liability, or expense, of any kind, that I, my family or my child(ren) may experience or incur in connection with my child(ren)'s or I's participation with Infinity Dance Company, LLC ("Claims"). On my behalf, and on behalf of my children and family, I hereby release, covenant not to sue, discharge, and hold harmless Infinity Dance Company, LLC, its owners, directors, instructors, students, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Infinity Dance Company, LLC, its owners, directors, instructors, students, and representatives, whether a COVID-19 infection occurs before, during, or after participation in the Infinity Dance Company, LLC program.

Print Name of Participant _____

Print Name of Parent/Guardian _____

Date _____

Signature of Participant (18 years or older) or Parent/Guardian _____